

Caregiver Support Group

Virtual Group

What?

For friends and family, come join in conversation with those who are in a position of caring for others and discuss the challenges, express how you're feeling and explore ideas

Groups held via Zoom

(telephone dial in option available)

When?

The last Thursday of each month @3pm starting February 23, 2023

To register please call SPLC intake
416-493-3333
(Menu Option #4)

